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## Health Plans: Compare your benefit to the HBOS Recommendations

### How does your benefit score?

Points **Outreach to smokers** (25 points)

- 5  Tobacco use is asked at every clinic visit for patients 15 or older.
- 7  Patients who use tobacco are referred to programs for treatment.
- 4  Tobacco users are identified through health risk appraisals, case management, claims data.
- 5  Patients who use tobacco receive follow-up invitations for program enrollment.
- 4  Promote program enrollment through member communications.

**Apply evidence-based treatment best practices modeled on chronic disease management.** (35 points)

- 5  More than one program option is covered: individual and/or group sessions, telephone quitline sessions, online programs.
- 5  Programs are offered by trained tobacco cessation professionals.
- 5  Multiple choices of prescription and over the counter FDA approved medications are covered. Selection should include several options to find one that works.
- 5  Medication coverage and program coverage are offered separately and also in combination to create flexible options.
- 5  Medication combinations are covered (e.g. nicotine patches and gum together) for flexibility and increased effectiveness.
- 5  Two or more program enrollments are covered annually.
- 5  Two or more courses of single or combination medications are covered annually (20-24 wks).

**Reducing/eliminating barriers for easier access.** (25 points)

- 6  Prior authorization is not required for medications.
- 6  Program enrollment is not required to access medications.
- 6  Cost sharing is limited to usual co-payments for other routine medical services.
- 7  Cost sharing is waived to increase participation.

**Measure and review outcomes to help reach goals.** (15 points)

- 4  Physician performance for clinic screening, referrals, & prescriptions is measured & reviewed.
- 4  Participation rates in stop smoking programs are measured and reviewed.
- 4  Pharmacy utilization rates are measured and reviewed
- 3  Member quit rates through 6 months are measured and reviewed.

Total Points

Scoring Key: 85-100 points = Excellent • 75-84 points = Good • 50-74 points = Average • <50 points = Below Average

#### HELPING BENEFIT OREGON SMOKERS

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